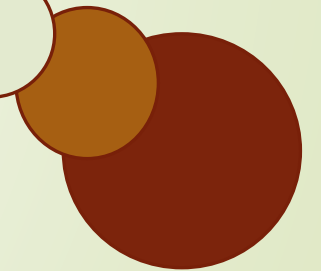
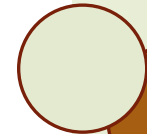




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# Empower of Youth





# What is empowerment?

- ▶ Oxford Learner's Dictionaries underline that empowerment is: the process of gaining freedom and power to do what you want or to control what happens to you.
- ▶ According to this definition we can say that Youth Empowerment is a process that encourages children and teenagers to take control of their life. They do so by first addressing their situation and then taking steps to enhance their access to resources and change their consciousness through their beliefs, values, and attitudes.

# Youth Empowerment involves:



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According to [passnownow](#) – a Mobile Learning Platform Youth Empowerment involves the following:

- Helping youth maximize and utilize their potential.
- Helping the youth to develop their confidence and self identity.
- Encouraging them to grow together in accountability.
- Imbibing in them the eagerness to create a change.



# Types or dimensions of empowerment

There are six types or dimensions of youth empowerment listed by Sustainability in Action (SiA):

- Psychological empowerment
- Community empowerment
- Organizational empowerment
- Economic empowerment
- Social empowerment
- Cultural empowerment





- **Psychological empowerment:** This dimension aims to create self-confidence and give youth the skills to acquire knowledge.
- **Community empowerment:** focuses on strengthening the community through leadership development, improved communication, and the creation of a support network to organize the community to address issues.
- **Organizational empowerment:** strives to build a community's resource base by bringing together volunteer organizations, unions, and associations dedicated to protecting, promoting, and advocating for the weak.
- **Economic empowerment:** teaches people how to be entrepreneurs, how to take control of their possessions, and how to have a stable income.
- **Social empowerment:** teaches youth about social inclusion and literacy, as well as assisting them in locating resources that will enable them to be active members of their communities.
- **Cultural empowerment:** attempts to reintroduce cultural traditions as well as reinterpret cultural standards and norms for young people.



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# The importance of Youth Empowerment

It is known that Youth Empowerment is important, but let's find out why.

Conforming to [Ken. G. Morka Foundation](#) – an Empowerment Foundation there are few reasons why Youth Empowerment is crucial:

- Good education standard: Youth have a bright future ahead of them, and they can help countries to develop.
- Reduce poverty: Youth empowerment enables young people to become more involved in their communities' activities. The majority of young people desire to see poverty reduced by assisting others and even investing in other people's lives.
- Reduces crimes: The empowerment of young people minimizes crime in society.
- Employment creation: They have the potential to lower the country's high unemployment rate. Young individuals has abilities that allow them to create jobs for others.



- ▶ **What is the goal of youth empowerment?** The goal of youth empowerment is to improve one's quality of life. Participation in youth empowerment initiatives is one way to attain youth empowerment.
- ▶ **Movement to Empower Young People.** Empowerment movements, including youth empowerment, emerge, gain traction, become viable, and eventually become institutionalized. Youth empowerment is frequently discussed as a means of achieving intergenerational equity, civic engagement, and democracy building.



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# Youth empowerment programs

## SOME EMPOWERMENT PROGRAMS:

- Y-ACHIEVERS PROGRAM (COLLEGE AND CAREER READINESS)
- LEADERS CLUB (SERVICE LEARNING AND CIVIC ENGAGEMENT)
- YOUNG ENTREPRENEUR PROGRAM (FOSTERING ENTREPRENEURSHIP)
- YOUNG MEN OF DISTINCTION (YMOD) (ENTREPRENEURIAL LEADERSHIP)
- YOUTH AND GOVERNMENT (CIVIC EDUCATION)
- YOUTH EMPLOYMENT SERVICES (YES) INDY
- YOUNG PEOPLES ADVISORY COUNCIL (LEADERSHIP EMPOWERMENT )





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# References:

- [Oxford Learner's Dictionaries](#)
- [Passnownow](#)
- [SiA](#)
- [Ken. G. Morka Foundation](#)
- [YMCA](#)